

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.E.S. DEGREE EXAMINATION – November 2019****Second Semester****METHODS IN PHYSICAL EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Meaning of Method.
2. What is class management?
3. Define lesson plan
4. Define minor games.
5. Define League.
6. Define Special Seeding.
7. What is Extramural Competition?
8. List down the four intramural committee.
9. Define standard meet.
10. List down the programmes of opening ceremony.
11. Define Marching.
12. Types of Lesson Plan.

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Explain class management.
14. Explain Gymnastics and Swimming.
15. Draw a league fixtures for 16 teams by using cyclic method.
16. Merits and demerits of league Tournaments.
17. Explain Values of Lesson Plan.
18. Explain objectives of Intramural Competitions.
19. What the Benefits of Extramural competitions.
20. Explain closing Ceremony of the Sports Meet.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Explain class management and principles of class management.
22. Explain Lesson Plan and model General Lesson Plan.
23. Draw a Knock- out fixtures for 33 teams by using 4 special seeding method.
24. Explain Intramural and methods of organizing and conducting.
25. Method of organizing and counseling Sports Meet.
